

CURRIULUM VITAE

ELNAZ GHARAHİ GHEHI

Born 1988-Isfahan
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Affiliation Research Center for Addiction and Risky Behaviors (ReCARB),
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Elnaz Gharahi Ghehi is the first graduate of an Addiction Psychiatry Fellowship in Iran, having completed her studies at Iran University of Medical Sciences. Her primary focus lies in the clinical aspects of Substance Use Disorders and Behavioral Addiction. Specifically, she delves into clinical presentation, comorbidity, course of illness, treatment compliance, and overall outcomes. Additionally, she is interested in establishing a Behavioral Addiction clinic at the Iran University of Medical Sciences.

Academic Profile

- **Academic Degree:** Fellowship of Psychiatry of Addiction
- **University:** Iran University of Medical Sciences
- **Hospital:** Iran Psychiatric Hospital
- **Research Center:** Research Center for Addiction and Risky Behaviors
- **ORCID:** <https://orcid.org/0009-0001-3810-2470>

Education

- **Medical School:** Kurdistan University of Medical Sciences, 2007-2014.
- **Residency(Psychiatry):** Iran University of Medical Sciences, 2017-2021.
- **Board Certification:** Iranian Board of Psychiatry, 2021.
- **Fellowship(Psychiatry of Addiction):** Iran University of Medical Sciences, 2022-2024.

Skills

- Computer Sciences: Medium
- Research Knowledge: Medium
- Language: Persian(Native)/English (Fluent)

Professional Membership

- Iranian Psychiatric Association
- ISAM-NExT
- Research Center for Addiction and Risky Behaviors (ReCARB), Iran University of Medical Sciences.
- Medical Council Number: 146043

Clinical Experience

- Family Physician and director at Shahid Beheshti Center, Semirom, Isfahan University of Medical Sciences, 2014-2016.
- Family Physician at Kerend, Kermanshah University of Medical Sciences, 2017.
- Psychiatrist at Shohada Hospital, Sarpolzahab, Kermanshah University of Medical Sciences, 2021-2022.

Teaching Experience

- Public Educational Conference about Autism, Tehran Municipality, 2018.
- Educational Conference for Psychiatry Patient Families, 2018.
- Addiction Prevention Workshop for Family Physicians, Tehran, IUMS, 2022.
- Addiction Treatment Congress, Tehran Medical Council, 2022.
- Treatment of Nicotine Use Disorder Workshop, Tehran, Allame Tabatabaee University, 2023.
- Substance Use Disorder Work-shop , Student Counseling Center, IUMS, 2023.

Workshops and training courses

- Time Management Workshop at Kurdistan University of Medical Science (2013).
- Principles of Evidence-Based Medicine Workshop at Iran University of Medical Sciences (2018).
- Research Methodology Workshop at Iran University of Medical Sciences (2018).
- Winter School at Iran University of Medical Sciences (2018).
- Psychiatric Patients Family Education Workshop at Iran Psychiatric Hospital (2020).
- Children and Social Media Workshop at Ali Asghar Hospital, Iran University of Medical Sciences (2020).
- Principles of Forensic Medicine Workshop at Iran University of Medical Sciences (2020).
- Communication Skills and Principles of Giving Bad News Workshop at Iran University of Medical Sciences (2021).
- Principles of Article Writing Workshop by Dr. Siavash Rahimi (2021).
- Methods of Clinical Evaluation Workshop at Iran University of Medical Sciences (2021).
- Principle of Medical Documentation Workshop at Iran University of Medical Sciences (2022)
- Educational Course on Pharmacotherapy and Psychotherapy of Sex Addiction Disorders by Professor Robert Farnam (2023-2024).

Honors and Awards

- Iranian Board of Psychiatry National **Third** Rank, 2021

Published Articles

- Cognitive Network Reconstruction in Individuals Who Use Opioids Compared to Those Who Do Not: Topological Analysis of Cognitive Function Through Graph Model and Centrality Measures. Journal of Frontiers in Psychiatry, 04 January 2023.
Elnaz Gharahi, Shiva Soraya, Hamidreza Ahmadkhaniha, Bahman Sadeghi, Mandana Haghshenas, Ali Bozorgmehr.
- Distribution of Severity and Causes of Hyperbilirubinemia in Infancy Admitted to Besat Hospital in Sanandaj. Journal of Kurdistan University of Medical Sciences, 2017.
Majid Mansuri, Ghobad Moradi, **Elnaz Gharahi**, Sirus Hematpoor .

Current Research Project

- Efficacy of Adjunctive Desipramine in Treating Methamphetamine Craving: A Placebo-Controlled Randomized Clinical Trial.
- Investigation of the Interactive Network of Cognitive Functions in Patients with Amphetamine Use Disorders at Iran's Psychiatric Hospital in 2021.
- The Additive Effect of N-acetylcysteine along with Usual Psychological Interventions on Persistence in Treatment, Craving, and Quantitative Electroencephalographic Indices among Patients with Cannabis Use Disorder: A Clinical Trial with a Control Group.
- Developing a Rating Tool for the Impact of Iranian Movies and Series on Encouraging Smoking.
- Investigating the Effect of Web-based Intervention on the Relapse Rate of Patients with Methamphetamine Use Disorder in Iran Psychiatric Hospital

Cooperation in the Protocol Design and Editing

- "Hallucinogen Substance Diagnosis and Treatment" Protocol, Iran Ministry of Health and Medical Education.
- "Treatment Protocol of Opioid Use Disorder with Buprenorphine", Iran-Ministry of Health and Medical Education.
- "Treatment Protocol for Opioid Use Disorder with Sustain-Released Naltrexone", Iran Ministry of Health and Medical Education.
- "Treatment Protocol for Opioid Use Disorder with Opium Tincture", Iran Ministry of Health and Medical Education.
- "Diagnostic and Treatment Protocol of Stimulant Use Disorder in the Elderly", Iran Ministry of Health and Medical Education.
- "Diagnostic and Treatment Protocol of Opioid Use Disorder in the Elderly", Iran Ministry of Health and Medical Education.
- "Treatment Protocol of Opioid Use Disorder with Methadone", Iran Ministry of Health and Medical Education.